

## Word Bank of 1200 High-Frequency Writing Words

The words in this word bank are listed in the order of their frequency of use in everyday writing. Since **the** is the most frequently used word in our language, its number is one in the word bank. The first 25 words are used in 33% of everyday writing, the first 100 words appear in 50% of adult and student writing, and the first 1,000 words are used in 89% of everyday writing.

Word List from Sitton Spelling Sourcebook Series by Egger Publishing, Inc.

1 the	201 feet	401 round	601 shape	801 sell	1001 police
2 of	202 land	402 dark	602 eight	802 wire	1002 consider
3 and	203 side	403 past	603 edge	803 rose	1003 dozen
4 a	204 without	404 ball	604 soft	804 cotton	1004 baseball
5 to	205 boy	405 girl	605 village	805 spoke	1005 rubber
6 in	206 once	406 road	606 object	806 rope	1006 symbol
7 is	207 animal	407 blue	607 age	807 fear	1007 support
8 you	208 life	408 instead	608 minute	808 shore	1008 exactly
9 that	209 enough	409 either	609 wall	809 throughout	1009 industry
10 it	210 took	410 held	610 meet	810 compare	1010 they're
11 he	211 four	411 already	611 record	811 movement	1011 beneath
12 for	212 head	412 warm	612 copy	812 exercise	1012 laugh
13 was	213 above	413 gone	613 forest	813 bread	1013 groceries
14 on	214 kind	414 finally	614 especially	814 process	1014 popular
15 are	215 began	415 summer	615 necessary	815 nature	1015 thank
16 as	216 almost	416 understand	616 he's	816 apart	1016 quarter
17 with	217 live	417 moon	617 unit	817 path	1017 climbed
18 his	218 page	418 animals	618 flat	818 careful	1018 continue
19 they	219 got	419 mind	619 direction	819 narrow	1019 potatoes
20 at	220 earth	420 outside	620 south	820 mental	1020 receive
21 be	221 need	421 power	621 subject	821 nine	1021 design
22 this	222 far	422 problem	622 skin	822 useful	1022 president
23 from	223 hand	423 longer	623 wasn't	823 public	1023 charge
24 I	224 high	424 winter	624 I've	824 according	1024 mistake
25 have	225 year	425 deep	625 yellow	825 steel	1025 hospital
26 or	226 mother	426 heavy	626 party	826 salt	1026 remain
27 by	227 light	427 carefully	627 force	827 speech	1027 service
28 one	228 country	428 follow	628 test	828 forth	1028 increase
29 had	229 father	429 beautiful	629 bad	829 nation	1029 students
30 not	230 let	430 everyone	630 temperature	830 knowledge	1030 insects
31 but	231 night	431 leave	631 pair	831 appear	1031 address
32 what	232 picture	432 everything	632 ahead	832 ate	1032 sincerely
33 all	233 being	433 game	633 wrong	833 dinner	1033 dollars
34 were	234 study	434 system	634 practice	834 hurt	1034 belong
35 when	235 second	435 bring	635 sand	835 spend	1035 bottle
36 we	236 soon	436 watch	636 tail	836 experiment	1036 flight
37 there	237 story	437 shell	637 wait	837 touch	1037 forget
38 can	238 since	438 dry	638 difficult	838 drop	1038 bicycle
39 an	239 white	439 within	639 general	839 chair	1039 secret
40 your	240 ever	440 floor	640 cover	840 east	1040 soldier
41 which	241 paper	441 ice	641 material	841 separate	1041 silent
42 their	242 hard	442 ship	642 isn't	842 truck	1042 structure
43 said	243 near	443 themselves	643 thousand	843 sing	1043 height
44 if	244 sentence	444 begin	644 sign	844 column	1044 observe

45 do	245 better	445 fact	645 guess	845 twice	1045 indicate
46 will	246 best	446 third	646 forward	846 particular	1046 railroad
47 each	247 across	447 quite	647 huge	847 shop	1047 knife
48 about	248 during	448 carry	648 ride	848 unless	1048 married
49 how	249 today	449 distance	649 region	849 spot	1049 suggested
50 up	250 however	450 although	650 nor	850 neither	1050 entered
51 out	251 sure	451 sat	651 period	851 met	1051 magazine
52 them	252 knew	452 possible	652 blood	852 wheel	1052 agree
53 then	253 it's	453 heart	653 rich	853 none	1053 fifty
54 she	254 try	454 real	654 team	854 hill	1054 escape
55 many	255 told	455 simple	655 corner	855 television	1055 threw
56 some	256 young	456 snow	656 cat	856 bill	1056 planet
57 so	257 sun	457 rain	657 amount	857 solve	1057 dangerous
58 these	258 thing	458 suddenly	658 garden	858 pressure	1058 event
59 would	259 whole	459 easy	659 led	859 report	1059 leader
60 other	260 hear	460 leaves	660 note	860 farmer	1060 peace
61 into	261 example	461 lay	661 various	861 count	1061 spelling
62 has	262 heard	462 size	662 race	862 trade	1062 chapter
63 more	263 several	463 wild	663 bit	863 chief	1063 swimming
64 her	264 change	464 weather	664 result	864 month	1064 opportunity
65 two	265 answer	465 miss	665 brother	865 clothes	1065 immediately
66 like	266 room	466 pattern	666 addition	866 doctor	1066 favorite
67 him	267 sea	467 sky	667 doesn't	867 indeed	1067 settled
68 see	268 against	468 walked	668 dead	868 dance	1068 telephone
69 time	269 top	469 main	669 weight	869 church	1069 repeat
70 could	270 turned	470 someone	670 thin	870 original	1070 prepare
71 no	271 learn	471 center	671 stone	871 enjoy	1071 instance
72 make	272 point	472 field	672 hit	872 string	1072 avenue
73 than	273 city	473 stay	673 wife	873 sister	1073 newspaper
74 first	274 play	474 itself	674 island	874 familiar	1074 actually
75 been	275 toward	475 boat	675 we'll	875 onto	1075 employee
76 its	276 five	476 question	676 opposite	876 imagine	1076 review
77 who	277 himself	477 wide	677 born	877 blow	1077 convince
78 now	278 usually	478 least	678 sense	878 quick	1078 allowed
79 people	279 money	479 tiny	679 cattle	879 law	1079 nobody
80 my	280 seen	480 hour	680 million	880 lie	1080 details
81 made	281 didn't	481 happened	681 anyone	881 final	1081 muscles
82 over	282 car	482 foot	682 rule	882 rise	1082 model
83 did	283 morning	483 care	683 science	883 loud	1083 climate
84 down	284 I'm	484 low	684 afraid	884 fair	1084 coffee
85 only	285 body	485 else	685 women	885 herself	1085 whenever
86 way	286 upon	486 gold	686 produce	886 slow	1086 serious
87 find	287 family	487 build	687 pull	887 noise	1087 angle
88 use	288 later	488 glass	688 son	888 statement	1088 feather
89 may	289 turn	489 rock	689 meant	889 hungry	1089 determined
90 water	290 move	490 tall	690 broken	890 join	1090 dictionary
91 long	291 face	491 alone	691 interest	891 tube	1091 ordinary
92 little	292 door	492 bottom	692 chance	892 rode	1092 extra
93 very	293 cut	493 check	693 thick	893 empty	1093 rough
94 after	294 done	494 reading	694 sight	894 twenty	1094 library
95 words	295 group	495 fall	695 pretty	895 broke	1095 condition
96 called	296 true	496 poor	696 train	896 nice	1096 arrived
97 just	297 half	497 map	697 fresh	897 effect	1097 located
98 where	298 red	498 friend	698 drive	898 paid	1098 program
99 most	299 fish	499 language	699 lead	899 motion	1099 pencil
100 know	300 plants	500 job	700 break	900 myself	1100 tongue
101 get	301 living	501 music	701 sit	901 divide	1101 title
102 through	302 black	502 buy	702 bought	902 supply	1102 enemy
103 back	303 out	503 window	703 radio	903 laid	1103 arrange

103 back	303 eat	503 window	703 radio	903 radio	1103 garage
104 much	304 short	504 mark	704 method	904 dear	1104 lose
105 go	305 United	505 heat	705 king	905 surprise	1105 vegetable
106 good	States	506 grew	706 similar	906 gun	1106 parents
107 new	306 run	507 listen	707 return	907 entire	1107 style
108 write	307 book	508 ask	708 corn	908 fruit	1108 education
109 our	308 gave	509 single	709 decide	909 crowd	1109 required
110 me	309 order	510 clear	710 position	910 band	1110 political
111 man	310 open	511 energy	711 bear	911 wet	1111 daughter
112 too	311 ground	512 week	712 hope	912 solid	1112 individual
113 any	312 cold	513 explain	713 song	913 northern	1113 progress
114 day	313 really	514 lost	714 engine	914 flower	1114 altogether
115 same	314 table	515 spring	715 board	915 star	1115 activities
116 right	315 remember	516 travel	716 control	916 feed	1116 article
117 look	316 tree	517 wrote	717 spread	917 wooden	1117 equipment
118 think	317 course	518 farm	718 evening	918 sort	1118 discuss
119 also	318 front	519 circle	719 brown	919 develop	1119 healthy
120 around	319 American	520 whose	720 clean	920 shoulder	1120 perfect
121 another	320 space	521 correct	721 wouldn't	921 variety	1121 recognize
122 came	321 inside	522 bed	722 section	922 season	1122 frequently
123 come	322 ago	523 measure	723 spent	923 share	1123 character
124 work	323 sad	524 straight	724 ring	924 jump	1124 personal
125 three	324 early	525 base	725 teeth	925 regular	1125 disappear
126 must	325 I'll	526 mountain	726 quiet	926 represent	1126 success
127 because	326 learned	527 caught	727 ancient	927 market	1127 traffic
128 does	327 brought	528 hair	728 stick	928 we're	1128 yesterday
129 part	328 close	529 bird	729 afternoon	929 flew	1129 situation
130 even	329 nothing	530 wood	730 silver	930 finger	1130 realize
131 place	330 though	531 color	731 nose	931 expect	1131 message
132 well	331 idea	532 war	732 century	932 army	1132 recently
133 such	332 before	533 fly	733 therefore	933 cabin	1133 account
134 here	333 lived	534 yourself	734 level	934 camp	1134 physical
135 take	334 became	535 seem	735 you'll	935 danger	1135 neighbor
136 why	335 add	536 thus	736 death	936 purpose	1136 excited
137 help	336 become	537 square	737 hole	937 breakfast	1137 whisper
138 put	337 grow	538 moment	738 coast	938 proper	1138 available
139 different	338 draw	539 teacher	739 cross	939 coat	1139 college
140 away	339 yet	540 happy	740 sharp	940 push	1140 furniture
141 again	340 less	541 bright	741 fight	941 express	1141 leather
142 off	341 wind	542 sent	742 capital	942 shot	1142 husband
143 went	342 behind	543 present	743 fill	943 angry	1143 principal
144 old	343 cannot	544 plan	744 deal	944 southern	1144 medicine
145 number	344 letter	545 rather	745 busy	945 dress	1145 excellent
146 great	345 among	546 length	746 beyond	946 bag	1146 operation
147 tell	346 able	547 speed	747 send	947 proud	1147 council
148 men	347 dog	548 machine	748 love	948 neck	1148 author
149 say	348 shown	549 information	749 cool	949 breath	1149 organize
150 small	349 mean	550 except	750 cause	950 strength	1150 concern
151 every	350 English	551 figure	751 please	951 member	1151 barbecue
152 found	351 rest	552 you're	752 meat	952 twelve	1152 accident
153 still	352 perhaps	553 free	753 lady	953 mine	1153 disease
154 between	353 certain	554 fell	754 west	954 company	1154 construction
155 mane	354 six	555 suppose	755 glad	955 current	1155 motor
156 should	355 feel	556 natural	756 action	956 pound	1156 affect
157 home	356 fire	557 ocean	757 pass	957 valley	1157 conversation
158 big	357 ready	558 government	758 type	958 double	1158 evidence
159 give	358 green	559 baby	759 attention	959 till	1159 citizen
160 air	359 yes	560 grass	760 gas	960 match	1160 environment
161 line	360 built	561 plane	761 kitchen	961 average	1161 influence

162 set	361 special	562 street	762 pick	962 die	1162 cancel
163 own	362 ran	563 couldn't	763 scale	963 liquid	1163 audience
164 under	363 full	564 reason	764 basic	964 alive	1164 apartment
165 read	364 town	565 difference	765 happen	965 stream	1165 worse
166 last	365 complete	566 maybe	766 safe	966 provide	1166 transportation
167 never	366 oh	567 history	767 grown	967 drink	1167 frozen
168 us	367 person	568 mouth	768 cost	968 experience	1168 waste
169 left	368 hot	569 middle	769 wear	969 future	1169 couple
170 end	369 anything	570 step	770 act	970 tomorrow	1170 function
171 along	370 hold	571 child	771 hat	971 drove	1171 connect
172 while	371 state	572 strange	772 arm	972 population	1172 project
173 might	372 list	573 wish	773 believe	973 finish	1173 pronounce
174 next	373 stood	574 soil	774 major	974 station	1174 offered
175 sound	374 hundred	575 human	775 gray	975 shook	1175 apply
176 below	375 ten	576 trip	776 wonder	976 stage	1176 improve
177 saw	376 fast	577 woman	777 include	977 oxygen	1177 stomach
178 something	377 felt	578 eye	778 describe	978 poem	1178 collect
179 thought	378 kept	579 milk	779 electric	979 solution	1179 prevent
180 both	379 notice	580 choose	780 sold	980 burn	1180 courage
181 few	380 can't	581 north	781 visit	981 cent	1181 occur
182 those	381 strong	582 seven	782 sheep	982 electricity	1182 foreign
183 always	382 voice	583 famous	783 I'd	983 everybody	1183 quality
184 show	383 probably	584 late	784 office	984 rate	1184 terrible
185 large	384 area	585 pay	785 row	985 dust	1185 instrument
186 often	385 horse	586 sleep	786 contain	986 worth	1186 balance
187 together	386 matter	587 iron	787 fit	987 community	1187 ability
188 asked	387 stand	588 trouble	788 equal	988 captain	1188 arrange
189 house	388 box	589 store	789 value	989 bus	1189 rhythm
190 don't	389 start	590 beside	790 yard	990 protect	1190 avoid
191 world	390 that's	591 oil	791 beat	991 cook	1191 daily
192 going	391 class	592 modern	792 inch	992 raise	1192 identity
193 want	392 piece	593 fun	793 sugar	993 further	1193 standard
194 school	393 surface	594 catch	794 key	994 steam	1194 combine
195 important	394 river	595 business	795 product	995 guide	1195 attached
196 until	395 common	596 reach	796 desert	996 discover	1196 frighten
197 form	396 stop	597 lot	797 bank	997 plain	1197 social
198 food	397 am	598 won't	798 farther	998 usual	1198 factory
199 keep	398 talk	599 case	799 won	999 seat	1199 license
200 children	399 whether	600 speak	800 total	1000 accept	1200 recommend
	400 fine				