

Increasing Student Self-Assessment and Improvement

This is a good weekly protocol for students.

1. What did you accomplish related to the goals of the assignment?
2. What strategies did you try this time that helped you accomplish your goals and the learning goals of the assignment.
3. What do you need to change to improve the work next time you do a similar assignment or take a test? For example, you may need to develop new skills, learn new strategies, get help when needed, quit doing something, spend more time, etc.
4. What is your plan for making the changes?
5. What assistance/help do you need to accomplish your improvement goals?

Guided "Self-Talk" Reflection

Pick out the most important points of your lesson, ask students to shut their eyes for two minutes while you lead them in an inventory of the points you've covered. Give them time to identify the points they don't understand or assistance needed.

Good---Bad---Worst Advice

Choose a moderator who asks three students about how they can approach studying for the next test or completing an assignment. **"The good advice"** is usually thoughtful and honest and to the point of the question asked. The **"bad"** advice is questionable at best, and the **"worst"** advice is, of course, outrageous and utterly ridiculous.

Goal-Setting and Planning

1. Clarify goals from the self-assessment and determine a timeline. Start with the end and work backwards.
2. Create a to-do list identifying sub-tasks required to accomplish the goal(s). Think about needed resources and the roles of people involved.
3. Identify competing goals and possible obstacles.
4. Create a timeline for accomplishing sub-tasks and the entire goal. Use graphic organizers to show how plan to accomplish stated goals.
5. Monitor and analyze the use of time and task accomplishment on an ongoing basis.
6. Analyze interruptions (unplanned activities). Learn how to take charge of time wasters and to also set priorities and abandon inefficient habits of using time.
7. Recognize and celebrate success.

Additional Prompts to Increase Student Reflection and Goal Setting

1. I learned/relearned . . .
2. I am concerned/worried about . . .
3. One of my improvement goals is to . . .
4. In order to use the information, skills, strategies, I need . . .
5. I am optimistic about . . .
"The next assignment or test, I'm going to use to . . .
6. Head, Foot, Heart Strategy
 - Head--An idea I had . . .
 - A feeling I experienced . . .
 - An action I will take. . .
7. I hope to accomplish . . .
8. I should quit doing _____ in order to _____
9. I will need to learn how to _____ to accomplish/improve _____.
10. The teacher will need to _____ to help me improve _____.
11. I need the following resources to help me reach my improvement goal(s).
12. I need the other students in the class to _____ to help me accomplish my improvement goal(s).
13. In order to evaluate my progress toward my improvement goals, I need to . . .

Add more of your own.